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@ 7:13am, 8:13am, 12:13pm & 4:13pm

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HALIFAX • THURSDAY, SEP 17, 2009 metronews.ca

Sports pg 10



Bennett back to make it Rain points

RCMP seize 147 marijuana plants

CRIME There was a major drug bust in East Preston yesterday.

Members of the RCMP-Halifax Regional Police Integrated Drug Section, along with assistance from the RCMP Emergency Response Team, executed a search warrant at a residence on Upper Patridge River Road at 10:30 a.m. with police saying they found drugs, Canadian currency, a sawed off shot gun, a .22 calibre revolver, two long barrel rifles and ammunition.

Police say they seized 147 marijuana plants, a half a pound of marijuana, an ounce of hash, seven ounces of cocaine, scales and a large amount of Canadian currency.

"We don't release dollar (amounts) but it was a substantial amount of money seized," Halifax RCMP spokesman Cpl. Joe Taplin said.

METRO HALIFAX

News on the Move

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Music pg 18



Nelly Furtado in espanol

On the web

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Riding School Giddy..



Amanda White coaxes Inga over a fence during a lesson at the Halifax Junior Bengal Lancers riding school yesterday. The Halifax Junior Bengal Lancers is home to 30 horses and was founded as a non-profit society in 1936.

Manhunt underway after alleged airport abduction

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CRIME Police are investigating an alleged abduction from the parkade at Halifax Stanfield International Airport yesterday afternoon where Halifax RCMP spokesman Cpl. Joe Taplin said "some type of threat was made."

Taplin said around 1 p.m. a female went into the airport's parking garage and was approached by a male as she was going towards her car, which allegedly led to "the unlawful confinement of that female."

"What we understand from Truro police service so far is she was forced to drive to Truro and some of

fences took place (there)," Taplin said.

He said the car — a burgundy 2000 Chrysler Intrepid — went northbound on Highway 102 "and may have stopped somewhere" before exiting at Brookfield.

It's then alleged he forced the victim to drive to Truro where Staff Sgt. Randy MacKenzie of Truro

Municipal Police said it's believed they visited two separate financial institutions, with the possible intent of her soliciting funds from her account.

MacKenzie wasn't sure the exact details, but around 4 p.m. they were contacted by the victim and assisted her at an undetermined location. She wasn't injured and police

have no suspects in custody. The victim's vehicle also hasn't been found.

Truro police spoke with the victim yesterday, and were looking to do so again today with Halifax RCMP.

Taplin was hopeful police would get more information by viewing airport security cameras in the parkade.

Attack posture

Liberals after NDP on budget

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With the first NDP legislative session for Nova Scotia kicking off this afternoon, the official opposition Liberals are coming out swinging by accusing the government of underhanded budget moves.

Liberal Leader Stephen McNeil is accusing the NDP of using deceptive accounting tricks to make themselves look better and the third-place Tories worse.

The charge comes after Monday's announcement by Finance Minister Graham Steele that the province would run a \$590 million deficit this year.

Last year the Tories controversially spent \$340 million to cover the operating budgets of universities for this year. The NDP is keeping that trend going, putting next year's university budget on this year's

books. That means next year — the year Dexter promised a balanced budget — there will be hundreds of millions of dollars in expenses taken care of.

McNeil said the NDP are piling the debt onto this year so they can blame it on the Tories.

"They're ballooning last year's deficit intentionally, for politically motivated reasons," he charged. "At least the Conservatives, for all their faults, openly said what they were doing. These guys try to get in the back door and pull one over on everyone."

Steele said the NDP is just trying to return to normal, annual payments to universities. He said the Liberal attacks are based on assumptions and misunderstandings.

"Mr. McNeil's criticism is based on his presumption about what will happen next year," Steele countered.

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Local



Melvin plea held over until next week

Jimmy Melvin Jr., left, made another brief appearance in Dartmouth provincial court yesterday, but Nova Scotia Public Prosecution Service spokeswoman Chris Hansen said his election and plea was put over until Sept. 23. Melvin, 27, faces a slew of charges for drugs, weapons and breaching court conditions after a car he was a passenger in was pulled over on Portland Street last Thursday. He remains behind bars after being denied bail by Chief Judge Patrick Curran at Dartmouth court Monday for the incident.

METRO HALIFAX



Province supports H1N1 guidelines

FLU Nova Scotia's chief public health officer says he supports the proposed guidelines from the Public Health Agency of Canada on who should get the H1N1 vaccine.

Dr. Robert Strang says the guidelines highlight groups that will benefit most from swine flu immunization.

Those groups include people under 65 with chronic conditions, health-care workers, pregnant women and children younger than five.

Strang said Nova Scotia has ordered about 1.4 million doses of the H1N1 vaccine and the plan is to begin offering the vaccine in early November.

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What's online today.

Video Afghanistan tops the agenda as Stephen Harper meets with Barack Obama at the White House at metronews.ca/canada



Lotteries

Lotto 6/49: 6, 17, 36, 41, 42 & 49 Bonus was 1
These results are not official.

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Atleo calls for unity

New AFN chief invokes name of Donald Marshall Jr. during visit

KRISTEN LIPSCOMBE
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The newly elected national chief of the Assembly of First Nations says today's leaders must work together, and must remember the work of past leaders, including Nova Scotia's own Donald Marshall Jr., to ensure economic and environmental prosperity for future generations.

"It's our responsibility to create, maintain and uphold relationships," Shawn Atleo told the Halifax Chamber of Commerce yesterday at Casino Nova Scotia. "Build on exactly that which our ancestors did — the treaties that were signed."

"We need to remember the late Donald Marshall Jr. and what he and so many stand for," Atleo added. "These are very exciting times filled with potential. It's completely up to us as to whether or not we will choose to grasp this moment."

Yesterday's appearance in Halifax marks Atleo's inaugural speaking engagement since replacing former national chief Phil Fontaine.

The 42-year-old businessman from the Ahousaht First Nation on Vancouver Island was elected in a tight race in late July, and picked Atlantic Canada as his first stop, to mark the 10th anniversary of the Supreme Court of Canada Marshall Decision on native fishing rights.

It is particularly timely since Marshall Jr. died Aug. 6 of complications from a double lung transplant.



Newly elected National Chief of the Assembly of First Nations Shawn Atleo speaks yesterday to the Halifax Chamber of Commerce at Casino Nova Scotia.

The Membertou First Nation man ended up in the midst of the Supreme Court decision that recognized the Mi'kmaq community's constitutionally protected treaty right to make a living from fishing and hunting.

Marshall Jr. also spent 11 years in prison before being exonerated when an inquiry ruled institutional racism and incompetence contributed to his wrongful murder conviction.

The Assembly of Nova Scotia Mi'kmaq Chiefs is holding a press conference today at the World Trade and Convention Centre to discuss the historic decision. According to a news release, chiefs across the

province "are distressed that the Marshall decision and their treaties have not been implemented."

An Atlantic Policy Progress of First Nation Chiefs news release handed out yesterday after the Chamber of Commerce talk, however, says a new report shows "measurable progress" in the native fishery.

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Cops: Intended shooting victim not co-operating

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DARTMOUTH No one was hurt after Halifax Regional Police say shots were fired from a car at a man walking alone in a Dartmouth neighbourhood Tuesday night. Police don't believe the shooting was random. They also say the 23-year-old victim is not talking about what happened.

"We have identified the person we believe was the intended victim and they're not co-operating with police," said HRP spokesman Brian Palmeter. Police say they were called to Lakefront Road at 8:55 p.m. in regards to multiple shots being fired. After arriving on scene, police say they learned one or more people in a dark blue Ford Fusion — or a similar vehicle — fired several shots at the victim, who was walking between Lakefront and Joffrey Street.

A few hours after the shooting, police say they spotted and chased the suspected vehicle beginning at

Gun, shell casings

• HRP Const. Brian Palmeter said police have recovered a hand gun and other items at "another outdoor location" away from the crime scene and are now trying to determine if they were used in this incident. He added several bullet casings were recovered at the scene of the shooting, including from some unoccupied cars.

Victoria and Albrow Lake roads. The driver refused to stop, police say, but they located the vehicle at the Tacoma Drive Shopping Centre a short time later.

All three people in the car were arrested in connection with the incident. Two have been released, while a third appeared in court yesterday on charges of dangerous driving and fleeing police.

"The incident involving the shots is a separate file and that's still under investigation," Palmeter explained.

WITH FILES FROM
THE CANADIAN PRESS

News in brief

INDECENT ACT Police are investigating an indecent act in the Upper Tantallon area after RCMP say a man exposed himself to a woman who was walking with her eight-year-old daughter. Police say a 43-year-old woman and her daughter were on a trail where a bridge passes over Hammonds Plains Road at 6:30 p.m. Tuesday. They passed a man who was sitting off of his mountain bike a short distance back, but police say he then rode towards them and yelled at the woman if she had the time. She turned

and that's when police say the man exposed himself to her. "She's quite disturbed," said Halifax RCMP spokesman Cpl. Joe Taplin. "She's walking with her eight-year-old daughter and then an incident like that takes place. It's quite bothersome." The suspect fled the scene on his bike and police were then contacted. The suspect is described as five-foot-seven, slender, brown hair beard and sporting soccer shorts. Taplin estimated his age to be 20s or 30s.

PHILIP CROUCHER/METRO HALIFAX

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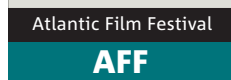


Copper stolen from Nav Canada navigational system

Cape Breton Regional Police are investigating after a fenced-in Nav Canada navigational system was broken into and copper stolen. It is not known exactly when the incident occurred but it's believed to have taken place sometime Tuesday. The system is located in Leitches Creek. **CAPE BRETON POST**

Trying to pick the right flick

So many movies at Atlantic Film Fest fans have lots to choose from



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Most of the 235 films playing at this month's 29th annual Atlantic Film Festival will never play here again, or at least won't be back for several months.

The festival, which kicks off tonight with the world premiere of Trailer Park Boys: Countdown to Liquor Day, offers a chance to see many underground

or up and coming films. But trying to pick what to see can be overwhelming.

Program manager Andrew Murphy has pretty much seen them all and can offer some helpful suggestions for the opening weekend.

Starting Friday there's Passenger Side (Park Lane, 7:10 p.m.). "It's a Canadian film shot in L.A. about two brothers reconciling their differences over the course of this journey ... it's been getting

really great reviews across the board," Murphy said.

If you're one of the many people drawn to French films there's Dede, a travers les brumes (Park Lane, 7:15 p.m.), a biopic about the famous Quebec musician Dede Fortin.

Friday also kicks off a series of mid-night movies with vampire flick Daybreakers (Oxford, 11:59 p.m.), starring Ethan Hawke and Willem Dafoe.

Saturday there's the



Willem Dafoe

Canadian co-production Amreeka (Park Lane, 7:10), about a Palestinian woman and her son who move to the American Midwest as the Iraq war is about to break out.

Irish thriller The Eclipse (Park Lane, 9:35 p.m.) is the directorial debut of well-known Irish playwright Conor McPherson. The Imaginarium of Doctor Parnassus (Oxford, 9:30 p.m.) is the newest film by Terry Gilliam and the last performance of Heath Ledger. Or there's the Canadian-made druggy bank heist movie High Life

(Park Lane, 9:30 p.m.).

Sunday evening Murphy recommends Cole (Park Lane, 7:15 p.m.), about an orphan who is adopted by a family and moves to Ireland. "It's a really sweet film for families and adults alike," he said.

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Trying to keep Halifax in good shape

HEALTH Seven groups promised yesterday to help Haligonians step up when it comes to staying in shape.

The organizations that have signed on to a new physical activity strategy called Stepping Up are the Capital District Health Authority, Dalhousie University, Halifax Regional Municipality, Halifax Regional School Board, the Heart and Stroke Foundation of Nova Scotia, the IWK Health Centre and Nova Scotia Health Promotion and Protection.

The strategy suggests various ways to encourage people to move more, such as employers installing showers on-site for employees who travel via active transportation and installing bike racks for staffers and customers. The IWK has even mapped out walking routes, the release says, adding music is played in a major stairwell inside the children's hospital to promote walking upstairs over riding the elevator.

"Increasing physical activity is a community-wide challenge," steering committee chairwoman Mary Russell said in the release. "The solution rests with all of us working together."

METRO HALIFAX

Council OK's 10-storey building

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DEVELOPMENT Halifax residents will soon see a new 10-storey building, adorned with red-tinted glass balconies, at the corner of Hollis and Morris streets.

City councillors gave their nods of approval for the new building that will house both commercial and residential space Tuesday evening after a lengthy public hearing.

Heritage and heights were once again at the forefront of debate over the development. South

"It's kind of bizarre that we have this infatuation with trying to preserve these buildings that, regardless of what we do, will fall down."

Ezra Edelstein, Hollis Street resident

Street resident Beverly Miller requested "council not approve this development without significant changes," emphasizing the historical value of buildings on the property where city surveyor Charles Morris once had a business.

She also pointed out "the huge environmental impact of taking an entire block of buildings (and

putting them in the landfill."

But Hollis Street resident Ezra Edelstein said "it's kind of bizarre that we have this infatuation with trying to preserve these buildings that, regardless of what we do, will fall down."

Developer Louis Lawen said he's trying to do the best job he can for the city.

EAC lauds council's move to oust bottled water

PLASTICS The Ecology Action Centre is calling Halifax regional council's decision to put the cap on bottled water by banning the purchase and distribution of bottled water in the Grand Parade building "an important first step."

During the regular council meeting Tuesday night, 15 councillors voted in

favour of this motion while five were opposed. Coun. Jennifer Waters, who represents the Connaught-Quinpool district, brought forward the motion.

The successful vote means the Halifax Regional Municipality joins 69 municipalities that have a similar bottled water ban.

"Halifax's decision to ban

the bottle and turn on the tap is an important first step and a clear indication that bottled water's 15 minutes are up," Jocelyne Rankin of EAC said. "While Halifax didn't go far enough by taking the bottle out of all HRM facilities, today's vote is a sign that we're moving in the right direction."

METRO HALIFAX

Airport Honouring Sidney



The Halifax International Airport Authority, in partnership with Reebok Canada, unveiled two large banners yesterday congratulating Sidney Crosby on his Stanley Cup win with the Penguins. The banners are located in the arrivals and main lobby areas.

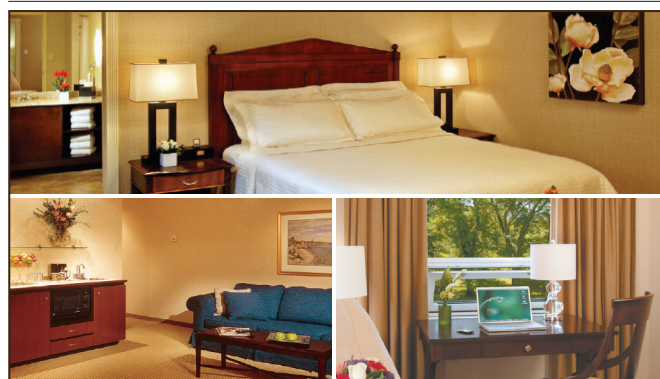
Bail denied to assault suspect

COURTS A Bridgewater man facing nine charges including attempted murder will remain behind bars until his next court appearance Oct. 7.

The charges against Cory Kyle Langille, 22, include two counts of attempted murder and two of aggravated assault.

A pair of early morning stabbings in Bridgewater on June 29, 2008, sent two people to hospital in serious condition.

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Bedford-Birch Cove MLA Kelly Regan announced yesterday she will be blogging daily while the legislature is in session at nsliberalcaucus.ca "to give readers an insider's view on our elected representatives at work in Canada's oldest legislature," a release said. The new legislative session begins today. **METRO HALIFAX**

Theatre launches playbill

Eastern Front returning to 'itinerant' roots for new year: Director

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Acclaimed actors Christian Murray and Natasha MacLellan had a small group of onlookers roaring with laughter yesterday inside the Halifax Club on Hollis Street, as they teased them with a small taste of a play they're performing as part of Eastern Front Theatre's 17th season.

The homegrown hit comedy, called *Lauchie*, Liza & Rory, previews next April 6 and 7 and runs until April 18 at the Bus Stop Theatre on Gottingen Street. Judging from the brief performance by Murray and MacLellan, who play several characters in the story of an "awkward courtship" that turns into an entertaining love triangle, this play promises to delight audiences. It's directed by theatre connoisseur Mary-Colin Chisholm.

The launch of Eastern Front's latest playbill also featured screenings of *Extinction Song*, which will



Actors Christian Murray and Natasha MacLellan preview the comedic play *Lauchie, Liza & Rory* yesterday in downtown Halifax at the launch of Eastern Front Theatre's 2009-10 season.

make its Atlantic Canadian premiere from Nov. 15 to 29 at the Windsor Lecture Theatre in the Art Gallery of Nova Scotia, and *One Man Lord of the Rings*, which will be presented at next spring's SuperNova Theatre Festival at Neptune Studio Theatre.

Eastern Front artistic di-

rector Scott Burke said people should "prepare to be moved" this coming year. But Burke wasn't just talking about the impact the 2009-10 playbill will make on audiences — he was also referring to the fact that Eastern Front is no longer the resident professional theatre company at Alder-

Tickets

- For Eastern Front Theatre subscription packages or single-performance tickets, go online to easternfronttheatre.com or call 463-PLAY.

ney Landing.

"Prepare to be moved" highlights the fact that Eastern Front Theatre is returning to its roots as an itinerant theatre company that uses a variety of performance venues," he said. "It also points out our desire to (entertain) audiences with productions that provoke laughter, engage the intellect and stir the emotions."

Burke admitted building "a sustaining audience" has long been a struggle for the small local company, which is why he thinks moving from the 300-seat Alderney Landing Theatre to several smaller venues is the right move.

But he added Eastern Front is looking for its next permanent home, ideally on the Halifax side of the harbour.

Equity tax credit boost to aid businesses: NDP

FINANCE The NDP announced an increase in the equity tax credit yesterday that they say will help small and large businesses.

The rate will increase from 30 to 35 per cent of the value of eligible investments. The change comes into effect Jan. 1. The maximum annual claim will also jump from \$15,000 to \$17,500.

Finance Minister Graham Steele said in a release the rate increase is expected to

provide \$1 million in new incentives for investments in Nova Scotian enterprises.

People who invest in Nova Scotian small businesses, co-operatives and community economic development initiatives are eligible for the equity tax credit.

Receipts are issued by the Department of Finance and must be submitted with an individual's T1 income-tax return. The credit will be extended to Dec. 31, 2011.

METRO HALIFAX

Home-sale prices up 4.2%

REAL ESTATE A struggling economy isn't doing much to lower the price of homes in our region.

The Nova Scotia Association of Realtors announced yesterday the average price for MLS home sales from June to August have increased by 4.2 per cent in Halifax and Dartmouth, from the same period last year, to an average price of \$236,507.

The group also said 2,072 MLS homes were sold in this time frame, an increase of 0.8 per cent

from last year. The total value of sales was also up \$490 million from the same three months in 2008.

Provincially, the average price of home sales from June to August is up 5.7 per cent to \$197,007, but the amount of homes sold has gone down 3.5 per cent to 3,436.

The dollar value of home sales from June to August of this year to last totalled \$676.9 million, which is up two per cent.

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Taillon still in ADQ leadership race

Gilles Taillon, Mario Dumont's former right-hand man, is staying in the race to become the new Action démocratique du Québec leader despite having cancer. **THE CANADIAN PRESS**

5

Canada

NORTEL
NETWORKS

Ottawa won't block wireless sale

Industry Minister Tony Clement says Ottawa won't block the \$1.13 billion US sale of Nortel Networks' wireless division to Sweden's Ericsson. The minister says there is no basis for a federal review of the deal on national security grounds. As well, the deal falls under the value threshold of Investment Canada review guidelines. In addition, Ericsson is planning to offer jobs to 800 Nortel workers in Canada. **THE CANADIAN PRESS**

Iggy slams Harper's U.S. visit

POLITICS Liberal Leader Michael Ignatieff said Prime Minister Stephen Harper achieved virtually nothing in his visit to the White House and described Conservative diplomacy as "amateur hour."

"You can't conceal the fact that there are really no results here," Ignatieff told reporters in Ottawa after watching Harper's joint press conference with President Barack Obama in Washington, D.C., yesterday.

Ignatieff said there was no sign "of any real progress whatsoever" on Ottawa's major concern — the Buy America procurement policies that have caused an uproar among Canadian companies.

TORSTAR NEWS SERVICE

Regina Troop on parade



Members of Troop 17, the first all-female RCMP cadets, march at RCMP depot to celebrate 35 years of female uniformed members in the RCMP yesterday, in Regina, Sask. The troop started training on Sept. 16, 1974 and graduated on March 3, 1975.

News in brief

HEALTH Pregnant women, health workers, children, people living in remote places, and adults with chronic conditions should be first to roll up their sleeves for a swine flu shot when it's ready, says the country's top doctor. Dr. David But-

ler-Jones, Canada's chief public health officer, says those groups are most vulnerable to the H1N1 virus. Vaccinations are expected in November. **SPENDING** It's not small town cheap when you add it all up. A federal government agency set

up to help farmers spent \$11,320 for golf balls and tees over the last two years. The same agency, Farm Credit Canada, doled out another \$34,255 for 454 tickets to "sporting events."

THE CANADIAN PRESS

PM, Obama talk war, trade

Leaders meet in Washington, D.C.

The United States has not yet settled on the best strategy for the ongoing war in Afghanistan, and won't commit to sending more troops until it does, President Barack Obama said yesterday after meeting with Prime Minister Stephen Harper.

The two leaders met in the Oval Office for more than an hour, touching on a variety of issues that included trade irritants, energy and the continuing Afghan mission, in which Canada is a major partner.

But it was Obama's stark admission about the U.S. role in Afghanistan — the original goal of the mission is all but a distant memory. **THE CANADIAN PRESS**

Trade

• Obama and Harper discussed a variety of subjects, most notably the economy, the flow of energy between the two countries and the various trade "irritants" that have cropped up, in particular the "Buy America" policy adopted by the U.S.

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+ local payment USD820

HIGHLIGHTS Nairobi, Mto Wa Mbu, Karatu, Serengeti National Park, Ngorongoro Crater, Amani Home, Marangu, Usambara Mountains, Dar es Salaam & Zanzibar. Departs Nov 22/itp.

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Two former police officers were sentenced yesterday to roughly 500 years in prison each in the 2005 killing of 29 people outside Rio de Janeiro, a massacre that raised fears of death squad activity in Brazil. **THE ASSOCIATED PRESS**

World



Guinness record reaches new heights

A towering Turk was officially crowned the world's tallest man yesterday after his Ukrainian rival dropped out of the running by refusing to be measured. Guinness World Records said that eight-foot-one Sultan Kosen, left, from the town of Mardin in eastern Turkey, is now officially the tallest man walking the planet. Although the previous record holder, Ukrainian Leonid Stadnyk, reportedly measured 8 feet, 5.5 inches, Guinness said he was stripped of his title when he declined to let anyone confirm his height. **THE ASSOCIATED PRESS**

Egypt won't follow Sudan law

TROUSERS Egypt's top Islamic authority has defended women's right to wear trousers in public following a high profile court case in neighbouring Sudan.

Grand Mufti Ali Gomaa said in a public lecture Monday that trousers covering women's bodies are permitted, emphasizing they should be loose and not see through. Gomaa's remarks were published yesterday in the Egyptian daily al-Shorouk as well as other newspapers. His answer was in response to a question from the audience.

Sudan caused a stir when it flogged 10 women for wearing trousers.

One, Lubna Hussein, contested penalty and was let off with a fine for public indecency in a trial that garnered international attention.

THE ASSOCIATED PRESS

Solid as a rock

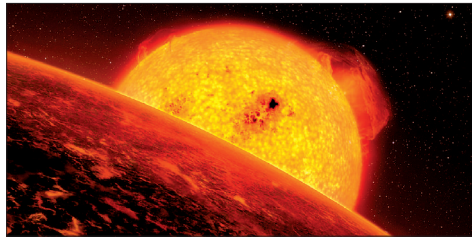
But newly discovered planet may be a little warm

Astronomers have finally found a place outside our solar system where there's a firm place to stand — if only it weren't so broiling hot.

As scientists search the skies for life elsewhere, they have found more than 300 planets outside our solar system. But they all have been gas balls or can't be proven to be solid. Now a team of European astronomers has confirmed the first rocky extrasolar planet.

Scientists have long figured that if life begins on a planet, it needs a solid surface to rest on, so finding one elsewhere is a big deal.

"We basically live on a rock ourselves," said co-discoverer Artie Hatzes, director of the Thuringer observatory in Germany. "It's as



This image provided by the European Southern Observatory shows an artist rendition of the first rocky extrasolar planet called Corot-7b.

close to something like the Earth that we've found so far. It's just a little too close to its sun." So close that its surface temperature is more than 3,600 degrees Fahrenheit, too toasty to sustain life. It circles its star in just 20 hours. By comparison, Mercury, the planet nearest our sun, completes its solar

orbit in 88 days.

The planet is called Corot-7b. Now that another rocky planet has been found so close to its own star, it gives scientists more confidence that they'll find more Earth-like planets where the conditions could be more favourable to life.

THE ASSOCIATED PRESS

Execution date set for D.C. sniper

U.S. A Virginia judge yesterday set a Nov. 10 execution date for John Allen Muhammad, mastermind of the 2002 sniper attacks in the Washington, D.C., area that left 10 dead.

The date, which falls on a Tuesday, was picked so courts would be open the day before in case they have to take up last-minute appeals, said Jonathan Sheldon, Muhammad's attorney.

Sheldon said Muhammad will appeal to the U.S. Supreme Court and ask Virginia Gov. Timothy M. Kaine for clemency.

Muhammad was sentenced to death for the slaying of Dean Meyers, one of 10 people shot to death during a 2002 rampage that ter-

rorized the District of Columbia area. Muhammad and teenage accomplice Lee Boyd Malvo killed six people in Alabama and Louisiana before moving on to Maryland, D.C. and Virginia, where Meyers was shot at a Manassas gas station. Six others were wounded.

Malvo is serving life in prison for the shooting spree. **THE ASSOCIATED PRESS**

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Israel rejects UN Gaza report

MIDDLE EAST Gazans who lost loved ones during Israel's winter offensive against Hamas militants said yesterday they're taking some solace from a UN report that accuses both sides of committing war crimes, but they're skeptical anyone will be brought to justice.

In Israel, the findings of the UN team sparked outrage and deepened a sense that the Jewish state is being treated unfairly by the international community.

While the UN investigation labelled Hamas rocket attacks on Israeli towns as war crimes, the bulk of the findings focused on Israeli actions during the three-week war.

The report echoed findings in a string of human rights reports released in recent months, but it could carry more weight, both because it was authored by

Both deny claims

Both Israel and Gaza's Hamas rulers rejected the UN team's allegations of war crimes during last winter's fighting.

a widely respected former war crimes prosecutor, Richard Goldstone, and because at least in theory it opens the way to charges against Israel before the International Criminal Court.

Israel's government rebuffed the report's call for an independent inquiry and immediately began a diplomatic offensive to block any attempt to bring its soldiers before the Netherlands-based court.

Israel is not a member of the tribunal, so to prosecute Israeli officials, the court would need an order from the UN Security Council. **THE ASSOCIATED PRESS**

News in brief

INCEST The Detroit-area woman accused of having sex with her biological son after finding him through the Internet has been charged. Aimee Louise Sword, 35, is making news for finding the son she gave up for adoption 10 years earlier and allegedly having a romantic relationship with the teen. Sword is facing a charge of third-degree criminal sexual conduct. **METRO NEWS SERVICES**

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Obama thinks criticism not based on race

The White House says U.S. President Barack Obama does not believe that the criticism of his policies are because of his race. **THE ASSOCIATED PRESS**

world 7

Gunmen kill 10 at Mexico drug rehab

Massacre 2nd at a treatment centre this month

Gunmen burst into a drug treatment centre in the northern Mexican border city of Ciudad Juarez and shot to death 10 people, the second such mass killing this month.

Police say nine men and one woman were killed in the attack just before midnight Tuesday at the Anexo de Vida centre in Mexico's most violent city. Two people were seriously wounded.

A spokesman for Chihuahua state police said yesterday the identities of the gunmen and the motive for the attack have not yet been established.

But officials have said in the past that drug gangs

Bloodshed

• Surging gang violence has claimed 13,500 lives since President Felipe Calderon took office in 2006 and deployed extra soldiers across Mexico to fight cartels.

may be using treatment centres to recruit dealers, or may be targeting them to eliminate rivals.

Most of the victims are believed to have been recovering addicts staying at the facility.

On Sept. 2, gunmen lined patients against a wall at another rehabilita-

tion centre in Ciudad Juarez and then riddled them with bullets, killing 18.

Five men were killed at another rehabilitation centre in June, and in August 2008, gunmen barged into a pastor's sermon at a rehabilitation centre and opened fire, killing eight people. Authorities have not said if any of the attacks are related.

Ciudad Juarez has seen the worst of the nation's drug violence, with more than 1,300 deaths this year. The bloodshed has continued despite a buildup in troops since March.

THE ASSOCIATED PRESS

U.S. man sentenced to eight years for 'sex tourism'

RAPE A wealthy Russian-American car exporter in Philadelphia has been sentenced to eight years in prison for procuring girls for sex from a St. Petersburg orphanage in Russia.

Andrew Mogilyansky, 39, received the maximum under terms of his "sex tourism" plea. Prosecutors say he raped one girl on her 14th birthday and a 13-year-old in her first sexual encounter.

THE ASSOCIATED PRESS

Internet child porn getting worse, says UN

EXPLOITATION The number of websites containing child pornography is increasing and more images show serious abuses, a UN expert said yesterday.

More than four million websites worldwide show images of children being sexually exploited, said the UN investigator on the sale of children, child prostitution and child pornography, Najat M'jid Maalla.

"There is an increase in the number of sites recorded," she told the UN Hu-

man Rights Council in Geneva, citing research by the U.K.-industry group Internet Watch Foundation.

"The number of images showing serious exploitation quadrupled between 2003 and 2007, showing abject images of brutal rape, bondage, oral sex and other forms of debasement," Maalla said. She did not give precise figures.

Over 750,000 people are using child porn sites at any time, she added.

THE ASSOCIATED PRESS

News in brief

EMBARGO Cuba will not make any political or policy concessions to improve relations with the U.S. — no matter how small, Foreign Minister Bruno

Rodriguez said yesterday, snubbing Washington's suggestions that some reforms could lead to better ties.

THE ASSOCIATED PRESS

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Comment & Views

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Comment

Life in public, and private affairs

Relating

Steve Collins

metronews.ca/collins

Warning are again and again the complications workplace romances can create, particularly when they end. But just where are typical working sobs, who spend most of their waking hours on the

job, supposed to meet someone?

These affairs become exponentially more perilous when one is: a) married; and b) a public office holder.

It's called public life for a reason. Apart from car and real estate sales, few other jobs require pasting your name on billboards. A politician is sort of famous, and also sort of lonely. Hours are long.

The family is either on display (during campaigns) or left behind (the rest of the time). They've already paid the price in divided attention, in missed birthdays

and countless other absences. And then gossip becomes news.

Northwest Territories Premier Floyd Roland is currently under investigation for an extramarital affair with Patricia Russell, a legislature clerk.

As usual, our hometown sex scandal is lighter on the sex than is the norm in American politics.

To take only the most recent example from down south, California assemblyman Michael Duvall was caught by a live microphone boasting, in entirely too much detail, of his sexual adventures with a

On the web

For more views on relating, go to Love Bytes at metronews.ca/bytes

younger woman bearing no resemblance to his wife.

Even in the overheated U.S. media climate, however, there has to be a "so what?" to the story. Lest the press, opposition politicians and public be accused of simply nosing into someone's private life, the accused must be guilty of something more than getting some, even though the sex is the only reason anyone is interested.

The "so what?" was easily furnished in this case: Duvall's alleged extracurricular playmate was also a lobbyist for an energy company with business before his committee. He also scored bonus points for hypocrisy, since he built a career as a conservative "family values" stalwart, an irony that's becoming so commonplace it's beginning to lose its shock.

Duvall has resigned and spared his wife the ritualistic stand-by-your-man press conference. In fact, he's not even admitting to the affair, just "inappropriate storytelling," preferring perhaps

to be remembered as a liar rather than an adulterer.

Up north, the "so what?" is trickier to come by. The premier's accusers are alleging Russell passed confidential info to Roland. So far, the evidence is scant, but the allegation is sufficient to keep the inquiry going and remind voters regularly about his philandering.

Keep all this in mind the next time your own workplace hook-up becomes the subject of mortifying office gossip. It could always be worse.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

Helping women hold up half the sky

FourthWave

Canice Leung

metronews.ca/fourthwave

It's alternately a point of pride and embarrassment to be a Canadian woman. We're an egalitarian country, but our annual bilateral aid amounts to \$1.5 billion, compared to the \$1 billion and climbing we put into the conflict in Afghanistan each year (and at least \$10 billion to date). We live in relative utopia, but we turn away from the world's women, who face oppressive poverty, discrimination and violence.

And what horrors we ignore. In Nicholas Kristof and

Sheryl WuDunn's new book, *Half the Sky*, we learn about women trafficked, drugged, beaten and killed in forced prostitution; women who die in childbirth or suffer stigmatizing, debilitating pregnancy-related injuries; women community organizers who are gang-raped for trying to help.

These stories aren't new, but they still fall on deaf ears. I'm guilty of that, rarely donating time or money.

The book's title and the Chinese proverb it's derived from — "Women hold up half the sky" — cuts to the heart of our uncomfortable privilege. The New York Times reporter/husband-and-wife team points out that the status quo, culturally imperialist approach of parachuting in thousands of aid workers simply isn't

working. Similarly, petitioning to change unjust laws or holding conferences have "proved remarkably ineffective."

The key is helping women elevate themselves through education and economic emancipation, they argue, so hands off:

- Give freely to grassroots charities, which hire savvy locals and can reach poor, rural areas that need help most.

- Fund microloans that target women, who are more likely than their husbands to invest family resources in education, health and income-generating businesses.

- Support education — Kristof and WuDunn cite evidence that educated girls have lower fertility rates (more kids exacerbate poverty), lower childbirth

morbidity, are less likely to be abused, and have a greater chance at financial success.

These targeted initiatives have far-reaching effects, changing the way cultures see their women — not as burdens or inferiors, but as individuals that offer social purpose, independence and knowledge.

But why should I gush about this brilliant book? Read for yourself why feminism is still relevant, and why we need a new kind of foreign aid. I hope it embarrasses you enough to do something — it did for me. *Camfed*, which provides education to African girls, is now getting \$10 US a month from me.

Canice Leung is a former editor of *Ryerson University feminist magazine* *McClung's*, copy editor at *Metro*, ardent feminist and loudmouth.



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Belgian farmers say they're being milked dry due to low dairy prices

Belgian farmers sprayed three million litres of fresh milk onto their fields yesterday, furious over the low milk prices they say are bankrupting farmers. Milk farmers' groups said world prices had sunk so much they are having to sell milk at half their production costs. **THE ASSOCIATED PRESS**

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Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Unemployment to linger: OECD

A 30-nation think tank is warning Canada may face a long period of high unemployment despite what it believes will be a major boost from Ottawa's stimulus package.

The Organization for Economic Co-operation and Development projects that the stimulus will reduce job losses stemming from the recession by between 0.7 per cent and 1.1 per cent of the workforce in 2010. That is roughly in the range of Finance Minister Jim Flaherty's claim in the January budget that stimulus would create or save about 190,000 jobs over two years.

"This is both because the size of the fiscal package was reasonably large (fifth



largest in the OECD as a percentage of GDP) and because employment in Canada is relatively responsive to fiscal stimuli such as tax cuts and public expenditures," the Paris-based think-tank wrote.

But the report notes that even if the jobless rate has peaked at 8.7 per cent, "Canada's labour market typically takes a long time to recover from recessions." **THE ASSOCIATED PRESS**

Turkey **Captured by pirates**



Aysun Akbay, a third officer of the Turkish cargo vessel MV Horizon-1, seen with her dog in this recent file photo. Akbay was on the MV Horizon-1 when it was hijacked July 9 in the Gulf of Aden, near Somalia. Women like Akbay, 24, are slowly making inroads into the upper levels of seafaring.

Bankruptcies up one-third over '08, down since June

FINANCES The number of bankruptcies in Canada rose by more than a third in July compared with the year earlier, the latest figures show. But the number fell slightly from June.

Some observers say the data from the Office of the Superintendent of Bankruptcy, released yesterday, show that the tide of insolvency swamping Canadian households is easing, a sign that the worst of the recession may have passed. Others said the slowdown was typical of mid-

summer.

There were 10,726 personal and business bankruptcy filings in July, up from 7,908 a year ago, the monthly report showed. That's an increase of nearly 35.6 per cent. Bankruptcy filings were down 5.4 per cent in July from the 11,338 filings in the previous month. The overwhelming majority of the filings came from consumers, while the number of business bankruptcies fell from last year.

TORSTAR NEWS SERVICE

Business in brief

RECESSION Manufacturing sales rose 5.5 per cent in July to \$41.4 billion, adding to the 2.2 per cent increase reported in June, Statistics Canada reports. The jump came with improved

performances in the motor vehicle, auto parts and primary metals industries. Production in the motor vehicle industry rose 48.2 per cent in July to \$3.3 billion. **THE CANADIAN PRESS**



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Canada Soccer announced the groupings for the Jubilee Trophy national senior women's championship next month in Saskatoon. Halifax Dunbrack and Halifax City are in the same group with entries from Newfoundland and Alberta. **METRO HALIFAX**

Sports



Desjardins makes pledge

Halifax Mooseheads forward Gabriel Desjardins announced yesterday his pledge to donate \$21 — to match his jersey No. 21 — to the Salvation Army for every point he records this season. The 16-year-old already has two assists in two games.

METRO HALIFAX

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Bennett returning to Rainmen

MATTHEW WUEST
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The Halifax Rainmen are getting their top scorer back.

Shooting guard Tony Bennett, who signed with the Rainmen early last season and became a fan-favourite for his lightning quickness, told Metro Halifax yesterday he has eschewed contract offers in Europe to return to the Rainmen.

"My No. 1 reason was the fans," Bennett said. "I also feel I left some unfinished business there because we didn't win the championship."

The 6-foot-1 sparkplug came to the Rainmen

from NCAA Division I Bradley after pro stops in Finland and Mexico.

He averaged 19.4 points per game in 12 outings, finishing 12th in Premier Basketball League scoring, while placing fourth with 5.5 assists per game and leading the circuit with 3.1 steals.

Bennett and projected returnees Eric Crookshank and John Strickland leave about five players to be signed before the Rainmen's season begins in January.



Tony Bennett

Canadians pushed to brink

MATTHEW WUEST
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Dartmouth Moosehead Dry has a 3-0 stranglehold in the Nova Scotia Senior Baseball League final.

Dartmouth doubled up on the defending champion Halifax Pelham Canadians 6-3 last night at Beazley Field and can seal the series for their 15th title in 20 years with a win in Game 4 tonight at 7:30 p.m. at Mainland Common.

Former Los Angeles Dodgers draft choice Steve Nelson pitched a complete-game five-hitter last night with 12 strikeouts.

"We're right where we want to be," said Dry player-coach Darren Doucette. "We're sitting pretty, we're doing the little things, getting good pitching, timely hitting, playing sound ball, and hopefully we can wrap it up."



Dartmouth Moosehead Dry outfielder Chris Head steals third as Ryan Veinot from the Halifax Pelham Canadians leaps to keep the ball from heading into the outfield last night.

Doucette said things got heated in the seventh inning when Dartmouth's Jeff Reeves collided with

Halifax pitcher Mark Haverstock at first base on a double-play throw. Punches were thrown and

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"both benches cleared," Doucette said.

Reeves and Haverstock were ejected and both will get automatic three-game suspensions, Doucette said. "They're frustrated, they're looking for anything possible to get going, but there's really no need for it," Doucette said. "They (Reeves and Haverstock) just collided coincidentally but when you're frustrated, you'll try just about anything."

Halifax rebounded from a 3-0 deficit last season in the semifinals against the Truro Bearcats.

Loss a 'wake-up call' for Huskies, coach says

MATTHEW WUEST
matthew.wuest@metronews.ca

The Saint Mary's Huskies are the defending champs, but they're also a last-place team fighting for respect.

Humbled by an Atlantic University Sport season-opening loss to the St. Francis Xavier X-Men on Saturday, head coach Steve Sumarah has hit the gridiron this week trying to get

his players' heads back in the game for Saturday's 7 p.m. road contest against the Acadia Axemen in Wolfville.

"I hate to say it, but I think we were a little bit cocky," he said, of Saturday's 24-19 setback to the X-Men.

Tied with the Mount Allison Mounties with 0-1 records, the Huskies — with eight titles in the past 10 years — are looking up

at St. F.X. and Acadia in the standings.

That's been enough to wipe away a lackadaisical attitude that Sumarah said plagued the team last week.

"Way different," Sumarah said, of the focus in practice. "It was a wake-up call as these things are. You get a chance to really learn more about yourself with a loss than a win."

Sumarah also an-

nounced yesterday he has suspended sophomore defensive back Jeff Hecht and rookie linebacker Aaron Crawford for one game for "conduct detrimental to the team" after a couple of on-field incidents in Saturday's loss.

Although the Axemen went 1-7 last season, they dominated the Mounties in a 58-14 victory on Saturday.

"We're in for a battle for sure," Sumarah said.

Mooseheads drop Schembri after incident

QMJHL Chuckie Schembri's career with the Halifax Mooseheads lasted one game.

The Mooseheads sent the 19-year-old forward home yesterday for disciplinary reasons, just two weeks after claiming him off waivers from the Moncton Wildcats.

Schembri played the season-opener last Friday against the Cape Breton Screaming Eagles, recording an assist, but was scratched Sunday against the P.E.I. Rocket.

"We have rules and rules were broken on the road," said Mooseheads head coach and general manager Cam Russell.

"That's how we're dealing with matters this year. We're not pussy-footing around here. We're taking care of business."

The Mooseheads were already carrying 25 players, and with the pending return of injured forward Gerrad Grant, the move doesn't have much impact on the roster.

MATTHEW WUEST
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Moncton	2	1	1	0	0	3	3	2
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12 sports

Buffalo Bills cornerback Leodis McKelvin is refusing to press charges against two 16-year-olds, who said they were the ones who spray-painted an obscenity across the grass in front of the player's home. **THE ASSOCIATED PRESS**

Renault won't fight allegations of fixing

Team principal, engineering director may face lifetime bans

ADAM HAY-NICHOLLS
Metro World News

Renault has announced it will "not dispute" the allegations of race fixing when it appears before the World Motor Sport Council next week, and that team principal Flavio Briatore and director of engineering Pat Symonds have left the company.

The two men stand accused of conspiring with former driver Nelson Piquet Jr. to crash on purpose at the 2008 Singapore

Grand Prix, prompting a safety car period that helped promote teammate Fernando Alonso to victory.

In August, angry at being fired from Renault, Piquet drew his actions in Singapore to the attention of the sport's governing body, the FIA.

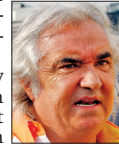
Renault threatened to sue Piquet and his family over "false allegations and a related attempt to blackmail the team" ahead of

last week's Italian Grand Prix, but after Pat Symonds stonewalled an FIA investigation, and his statement was leaked to the press, the manufacturer was backed into a corner. By plea bargaining, it is likely Renault will escape harsh sentencing despite the fact that the actions of three of its employees put lives at risk and has damaged the sport's credibility.

Piquet has been offered immunity, but Briatore and Symonds — who is one of

the most respected engineers in F1 — may face a lifetime ban from international motor sport.

In addition, Briatore, a colourful entrepreneur who has had relationships with Naomi Campbell and Heidi Klum, may face further humiliation. Briatore is part owner of football club Queens Park Rangers and may fall foul of the British Football League's "Fit and Proper Person's Test," which rules no one can be a director of a club if they are "subject to a ban from a sport's governing body."



Flavio Briatore

Pro surfing tournament comes to Canada

JEFF HODSON
jeff.hodson@metronews.ca

Canada's first professional surfing competition will hit the waters off Vancouver Island next month.

The Cold Water Classic Canada, which runs Oct. 25-31, will bring more than 100 professional surfers to Tofino, as well as spectators and about 50 media outlets.

"It solidifies our tagline of being the Surfing Capital of Canada," said Lynda Kaye, a spokeswoman for Tourism Tofino.

"If (the water) is anything like I'm looking at right now, pro surfers are going to be happy," said Kaye, whose Tofino office overlooks the ocean.

"(The surf) is not steamer lane, Santa Cruz big, it's not huge, rip curl, Hawaii big, but there are surfers in our water every day of the year."

Temperatures, she added, are consistent with other surfing places in the



Noah Cohen, pro surfer and O'Neill Cold Water Classic Canada ambassador, busts an inverted air off the coast of his hometown of Tofino, B.C.

Pacific Northwest at about 10 C.

The contest is the first professional surfing competition sponsored by the Association of Surfing Professionals to be held in Canadian waters.

It is the fourth in a series

of five events held in locales such as Scotland and Tasmania, and is part of a World Qualifying Series that carries a total purse of \$145,000.

"We expect the town to be a hubbub of activity," said Kaye, adding that the

Olympic torch relay visits Tofino on Nov. 1, the day after the surfing competition ends.

"For a town that basically takes a break after the summer, we're going to be on fire into the first part of fall."

Arsenal complete comeback bid

CHAMPIONS LEAGUE Two days after his two-game ban was overturned, Eduardo da Silva scored Arsenal's winner in a 3-2 comeback victory at Standard Liege in the Champions League on yesterday, while defending champion Barcelona was held to a tame 0-0 draw by Inter Milan.

Five-time champion Liverpool laboured to a 1-0 victory over newcomer Debrecen, while Dynamo

Kiev, Lyon and Sevilla also won their first group games and Olympiakos celebrated the arrival of new coach Zico with a 1-0 victory over AZ Alkmaar.

Arsenal trailed by two goals after only five minutes in Liege. Eliaquim Mangala scored with a low shot in the second minute and Milan Jovanovic drove home a fifth-minute penalty after he had been brought down by William Gallas.

THE ASSOCIATED PRESS

Sports in brief

QMJHL The Saint John Sea Dogs of the Quebec Major Junior Hockey League suspended forward Nicholas Pard indefinitely yesterday following an incident at a Sean Kingston concert.

NHL Andy Wozniwski scored the game-winning goal in the third period to lift the Boston Bruins past the Toronto Maple Leafs, 3-2, in pre-season action in Toronto last night.

SUSPENSIONS Yankees catcher Jorge Posada and Toronto pitcher Jesse Carlson were suspended for three games each

and fined yesterday by Major League Baseball for their roles in a bench-clearing brawl. Yankees utilityman Shelley Duncan was suspended for three games and appealed.

ROWING The 2010 Commonwealth Rowing Championships will be held July 31-Aug. 1 in Welland, Ont., Rowing Canada announced yesterday. It is run separately from the Commonwealth Games, which does not have rowing on its program.

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Open concept can be cozy

SuiteTalk

Heather Clarke

suitetalkhalifax@gmail.com

The dictionary defines "open-ended" as something "not restrained by definite limits or restrictions" — and that also applies to an open-concept home.

But when it comes to arranging furniture there, having all that freedom can be tricky ... unless you know what you're doing.

"Open-concept homes can sometimes confuse a homeowner, because there are so many options," said interior decorator Meg Wallace. "But when the furniture is properly placed, you can create areas for cozying up with a book, as well as maintain a functional layout for entertaining friends."

Wallace, the manager of Harmony Interiors, recently worked her design magic at the model suite for Collingwood Court. The two-storey townhouses, located in Portland Hills, feature a spacious open-concept area on the main floor.

"A Collingwood Court home is the kind of space that could easily work for one person, or for a family of five," Wallace said. "It's just a matter of setting up the spaces to suit the buyers' individual needs, because the open-concept plan means it could work in a variety of different



Decorator Meg Wallace recently worked on a model suite for Collingwood Court.

ways." A 25-year veteran of the interior decorating world, Wallace's goal for Collingwood Court was to make a "warm and welcoming home."

"I chose the cream-coloured upholstery to keep the furnishings light, and contrasted that with the darker wood of the dining room set and coffee

table," she said.

An important element sprinkled throughout her design was a soft shade of turquoise — used as a wall colour and in accent pieces. "It gives background to the cream fabrics and dark woods, and it also shows people not to be afraid of colour."

Wallace explained when it comes to choosing the

shade of a big-ticket item — like new countertops or living room furniture — neutral is not only a safe bet, but a versatile one.

"When you have neutral pieces, you can really add any colour as an accent — lime, navy, orange, teal, or even fuchsia," she said. "Changing the accent colour of your glassware, cushions, or flowers can

create a whole new atmosphere in a home."

A Collingwood Court home features natural gas heating, a garage, and a finished rec room, which Wallace said could work as a fourth bedroom, a playroom, or even a home theatre.

Heather Clarke is a Halifax-based writer with a penchant for pretty things.

Inspect on the big day

LegalMatters

Elias Metlej

metronews.ca/legalmatters

don't judge the success of a transaction by the condition of the home on the closing date. If I did, many would fail. Clients regularly discover problems during their final viewing of a property, also known as the "Pre-closing Inspection."

This is the last opportunity to make an objection prior to paying for a property and taking possession. Objections would arise if the property is not in the proper condition or if the sellers have not fulfilled their obligations in accordance with the agreement of purchase and sale.

The most common issue is the property is not left clean and vacant. Sellers have also been known to remove items from a house that should remain, such as fixtures or appliances that were accounted for in the purchase contract. Physical damage may also be discovered. Flooded basements, broken windows, and the destruction of a front lawn are some of the nightmares that have been suffered on the eve of the transaction.

Considering the potential for problems, it is recommended the final inspection is conducted on the closing date.

While your home inspector is not involved with the pre-closing inspection, it is advisable to repeat the inspector's actions where practical. For example, run the water, flush the toilets, ensure that windows and doors are operational, and test the lights and appliances.

Hitting a hurdle late in the transaction can be frustrating, but it certainly is manageable. Any issues discovered during the pre-closing inspection can be resolved by negotiating a holdback or a credit in favour of the buyer.

Elias Metlej is a real estate lawyer with the Halifax firm Blois Nickerson & Bryson. You can write to Elias at askelias@yahoo.com

Spring trough cleaning done, now here comes fall

HomeScape

Sylvia Putz

metronews.ca/homescape

I've been ignoring my eavestroughs for most of the summer, in spite of the nice man who came on several occasions and offered to clean them out.

But checking and cleaning out eavestroughs isn't usually high on anyone's agenda. Let's face it, eavestroughs are easy to ignore. And that's precisely what I did.

Now there are little trees and other plants growing up there. And when it rains, the eavestroughs don't work as intended. How can they? They're full of crud.

If you're like me, you may need a little reminder that you're in for trouble if you continue to ignore your

eavestroughs. Water blockages in your trough and leaking water, if left unattended, can eventually cause a world of pain for homeowners. Things like a damp or flooded basement, roof damage, rotted or ruined siding, cracked and prematurely peeling paint and failed mortar joints could result. You'll be kicking yourself (and you deserve to be kicked) if you find yourself shelling out your hard-earned cash for these completely preventable

types of repairs.

Eavestroughs should be cleaned or checked twice a year, preferably in the fall and in the late spring.

To clean, drag out the ladder, dig out the heavy rubber gloves, a brush and a bucket, and scoop out all the twigs, old seeds, the odd tennis ball and dirt that accumulates. And don't forget to use your garden hose to run water down the eavestrough and into the downspout to check for partial or full obstructions such as

leaf debris, a wasp nest (!), or an old bird's nest.

Then check for standing water in the trough, and determine whether it is sag or inadequate sloping that is causing the problem. If the problem is sag, you may want to adjust, reseal or add gutter hangers. If the slope is inadequate, adjust the slope of the eavestrough to increase its pitch.

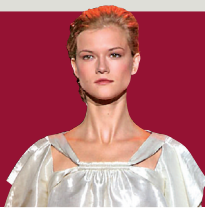
Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

Marc's colourful collection

The Marc by Marc Jacobs spring 2010 show in New York featured bright, sometimes clashing colours and crazy patterns. Even the menswear was a little out there: A red plaid trench coat was paired with blue vertical striped pants. **THE ASSOCIATED PRESS**

15

Style



The slash dress

With all its slashed material and bandaged dresses, New York Fashion Week could be mistaken for a haute hospital ward. The banded look was everywhere — at Herve Leger, of course, where it is the signature item — but also at Carolina Herrera (left) on Monday, Alexander Wang, Lela Rose, Nicole Miller and in Victoria Beckham's new collection. The look is formfitting, but surprisingly forgiving.

THE ASSOCIATED PRESS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Black is back for spring

NY Fashion Week coveted brands went dark, but not gloomy

Fashion for spring is back in black. Black never went anywhere, of course — it's a perennial favourite with the crowd at New York Fashion Week. But for spring collections, the look wasn't terribly sunny.

The nod to the spring/summer season was to offset the black with white and shades of nude, blush and stone, all part of the overall muted look that has dominated at Mercedes-Benz Fashion Week.

Yet the black wasn't severe, especially rendered in featherweight fabrics in sheer organza, tulle and black lace. A wave of black swept the runways of Rodarte, Vera Wang, Badgley Mischka and Jill Stuart on Tuesday.

Rodarte

The ravens rose at Rodarte. With a smoke-filled runway beneath them, models wore outfits resembling the contradictory symbol of darkness and survival.

Even with tiny asphalt pebbles on the ground, haunting music and the smoke, all the drama really came from the clothes. Every garment seemed a cobweb of leather, yarn, ribbons, lace and cheesecloth. Some of the pieces were

adorned with crystals, feathers and leather made to look like birdskin.

When stripped down without all the effect, some of the major trends of Fashion Week were here: draping, banding and lattice-like leather, among them.

Betsey Johnson

Designer Betsey Johnson's signature item is the party dress, so on Tuesday evening she threw herself a party at the Plaza Hotel.

There was no runway for her spring collection, just pretty young things wearing upbeat, youthful clothes while dancing and singing to Blondie cover songs by the live band Ida Maria.

The models, up on a stage, were just a backdrop to Johnson, who hammed it up for cameras. Oh yeah, they were wearing strapless dresses in candy colours, a black sequin cocktail frock with a frilly skirt, a blue metallic skirt suit and some lingerie-inspired styles.

Gottex

Gottex presented a new

interpretation of swimwear, with sequined one-pieces, plastic-looking bikinis and wide belts wrapped around the waist like the suits were superhero costumes.

There weren't too many "wearable" suits, unless you don't mind an off-the-shoulder bikini top with sleeves.

But perhaps what was most stunning were the covers that were like elegant caftans; a red abstract print with drapery sleeves touched the runway, flowing behind the model as she walked. And a blue and gold lame caftan added sophistication to a black corset-like suit.

Vera Wang

In her stark white SoHo store, Wang presented sophisticated styles that she said were influenced by the late Paul Poiret, who left an indelible stamp on fashion in the early 20th century. He gave women the freedom to wear looser chemise shapes, and Wang picked up on that: There wasn't a corset style in sight.

She mostly went for sultry instead of overtly sexy

Everything has been formfitting in the spring collections

with layers of smoky-colored tulle, sheer black organza and artful, not flashy, embellished jewel details. Metallic pieces were a bit stiff, standing away from the body, while the bike shorts underneath the see-through styles hugged it.

THE ASSOCIATED PRESS

Though black was a dominant colour on New York Fashion Week runways, it was offset with various shades and rendered in featherweight fabrics.



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Editors' Pick

WHITE ALBUM

Grace Jones' fierce style played muse to Greta Constantine's Stephen Wong and Kirk Pickersgill, who designed their White Cashmere Collection 2009 outfit with the rocker in mind. It's the duo's first time participating in the Cashmere project, in which top designers craft clothes out of bathroom tissue.



A HIT OF RED

Crimson accents pack a pretty punch

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earrings, Swarovski
(\$140, swarovski.com)**

SHAPE SHIFTER

Muffin tops and other fashion casualties caused by wearing too-tight body-slimming garments are jettisoned with Yummie Tummie, shapewear that merges style with function. Jennifer Lopez swore by the tops and body-con dresses with strategically placed spandex-polyester panels to slim her post-baby silhouette. The latest offering includes the Sweetie top and the basic tank in new fall shades.

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Real world sizing

A guide to runway trends for average women

The idea of runway trends is that they get translated to the real world, but not everyone has a model's figure.

Still, no one has to be left out. There's always a tweak to a look that conveys the same message, even if it's not an exact replica of what a designer put on the catwalk.

The plus-size woman, the odd-shape woman — everyone who is not a size 2 — still wants "fashion," says Nicole Fischelis, group vice-president of ready-to-wear at Macy's.

This fall she can find it in a motorcycle jacket, slim-leg pants, sheath dress or strong-shoulder blazer.

"It's all about proportion and balance. Regular-size women, too, have to think about their hips, bust and shape," Fischelis says.

Below are tips from InStyle fashion director Cindy Weber Cleary and Glamour executive fashion editor-at-large Suze Yalof Schwartz on how to wear this fall's top silhouettes:

Motorcycle Jacket

This can be a staple item for most women, says Yalof Schwartz, but different shapes should pair it with different things. For example, a plus-size woman could try a wrap dress, and a pear shape could try a flatter, more feminine dress — maybe with a black tights.

An apple shape should build up her top a little, and the jacket will help, especially with an oversized shirt peeking out the bottom and narrow-leg pants.

This jacket isn't for most straight up-and-down figure types because it will emphasize a boyish shape, says Weber Cleary. However, she adds, a very slender woman can pull it off because she



A sheath dress might be one of the best trends for plus-size women because they flaunt curves, not hide them.

can wear it over a short dress, jeans or leggings — and look very cool.

Head-to-toe black is universally flattering.

Narrow Pants

"Skinny pants were made for a skinny girl, obviously," says Weber

Cleary, but they can still work for others.

She recommends them for a boylike silhouette because they're narrow through the thigh as well as the ankle.

That's exactly why, though, this isn't the best choice for anyone with thick calves, adds Yalof Schwartz.

Thick thighs can be camouflaged with a longer blazer, which can look quite chic.

An apple shape can wear narrow pants if there are no pleats and they are paired with a flowing top,

Yalof Schwartz says, while a pear can do "narrowish but not severely narrow pants" with a slimmer top.

For everyone, the best choice of fabric has a little drape, like rayon, instead of a stiff one such as tweed.

Sheath Dress

Only the pear shape might have a problem with the sheath — everyone else should have one, says Yalof Schwartz. It's not that the sheath wouldn't look OK, it'll just be hard for that figure to find one that fits properly, especially in the tummy, she explains.

This dress might be the very best choice for a plus-size woman because the curves are flaunted, not hidden. A belt might add a little bit of an hourglass to someone who is thick or has a straight-boy figure. Weber Cleary suggests adding heels and, perhaps, bold jewelry to the look.

THE ASSOCIATED PRESS

An apple shape can wear narrow pants if they don't have pleats

Gunn fights fashion crime as comic character

PEOPLE Tim Gunn is taking his fight against fashion crimes from the workrooms of Project Runway to the pages of a comic book. And, wow, does he get to wear a power suit.

The Loaded Gunn story line — to save an exhibit of extraordinary superhero clothes from a cadre of villains — is part of a book that reintroduces a group of Marvel's high-fashion Models Inc. comic charac-

ters from the 1960s.

"It's a little America's Next Top Model — without Tyra (Banks) — and a little Teenage Mutant Ninja Turtles," says Marvel editor Charlie Beckerman.

The Gunn project evolved on a whim but it turned out Gunn was a childhood comic fan and a good sport, Beckerman says.

Gunn says the experience has been "the most bizarre

thing."

"It's exciting and exhilarating, but bizarre. When they came to me, I said, 'I'm about to turn 56 years old. Are they crazy?' But it kept revealing itself in layers and next thing, I'm wearing the Iron Man suit. I was dumbstruck."

THE ASSOCIATED PRESS



Tim Gunn



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Next spring's Iron Man 2 premiere will be memorable for two lucky fans. Oxfam Ambassador Scarlett Johansson is auctioning two movie premiere tickets, as well as a meet-and-greet with herself. The auction begins today at 10 p.m. ET at eBay.com/Oxfam. **PEOPLE.COM**

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

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Chasing drama

Chace Crawford has shrugged off speculation he is dating Lindsay Lohan and his Gossip Girl co-star Taylor Momsen, dismissing the reports as attempts to "stir up drama."

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Album: Mi Plan
Label: Nelstar/Universal
Rating: ●●●●●

THE MONSTER SUCCESS of Loose has given Nelly the confidence to do what she wants and pull it off with grace, style and sensuality (in other words, hot without the stripper pole sleaze). This time it's an album sung entirely in Spanish (a bit surprising since her native tongue is Portuguese). As on Loose, Nelly has conscripted a bevy of guest stars to join her. But instead of Justin Timberlake and Timbaland, the list includes Juan Luis Guerra, Alejandro Fernandez, Julieta Venegas, La Mala Rodriguez, Concha Buika and Canadian Latin guitar ace Alex Cuba. There's even a duet with classical crossover Josh Groban. Furtado artfully combines contemporary dance beats with more traditional Latin grooves. It's not far fetched to see a Spanish-language song taking over the North American charts. La Bamba anyone?

Graham Rockingham/for Metro Canada

Kid Cudi

Album: Man On The Moon: The End Of Day
Label: GOOD Music/Universal
Rating: ●●●●●

WHEN TAYLOR SWIFT'S BFF Kanye West released his breakup album 808s &

Heartbreak, he inadvertently created a new musical sub-genre: emo rap. So it makes sense that West's latest signee Kid Cudi would release an album in the same soul-searching vein. But while his debut contains more signing than rapping, it's a far more complex and rewarding listen than 808s. It's also 100 per cent autotune free. Cudi has a real knack for unusual song arrangements combined with candid lyricism reminiscent of Lauryn Hill, and he's used those talents to create one of the most original hip-hop albums of the past few years.

Jason Richards/for Metro Canada

Scarlett Johansson & Pete Yorn

Album: Break Up
Label: Atco/Warner
Rating: ●●●●

SCARLETT JOHANSSON ISN'T just an actress anymore. With two records under her belt, musician can now be added to her resume. On her new disc she teams up with singer-songwriter Pete Yorn — he wrote and conceived the album — who plays and sings masterfully on this duets record. Johansson, however, sounds flat and emotionless, not great qualities for an album about a break up. It's actually a warm and infectious



Nelly Furtado embraces her Latin roots with the new Spanish album Mi Plan.

record, but it would have been better if Yorn got a more experienced singer to help him out.

Bryan Borzykowski/for Metro Canada

Sass Jordan

Album: From Dusk 'til Dawn
Label: Kindling/Warner
Rating: ●●●●

THERE IS LIFE after Canadian Idol. While it's unlikely that we'll hear very much again from the contestants (with the exception of Hedley's Jacob Hoggard) or even the winners, it seems there

will always be work for the judges. Sass Jordan is still churning out the '70s-inspired rock she's always loved and (surprise!) Jake Gold is managing her. That's because Jordan has a great voice and a gift for catchy pop-rockers. The nine original tracks on this CD have just enough grit to give them credibility. And who's going to complain about Jordan singing a cover of Tom Wait's classic '55. As a matter of fact, if it was 1976 instead of 2009, these songs would be getting huge radio play. But it's not. So we'll just have to enjoy them as a guilty pleasure.

Graham Rockingham/for Metro Canada

Drake

Album: So Far So Gone
Label: Cash Money/Universal
Rating: ●●●●

NO ONE COULD have expected that a former Degraasi actor would become one of North America's most talked about rappers, but that's exactly what's happened to Aubrey "Drake" Graham. His So Far So Gone mixtape, released in February, was a huge hit thanks to the Kanye West-like club track Best I Ever Had. On his EP the budding songwriter showcases seven

MusicReviews

music@metronews.ca

tracks off his earlier 17-song release. With a wildly infectious mélange of Jay-Z sounding rhymes, West-ish production and guest spots from Lil Wayne, it's a fantastic introduction to this rising star.

Bryan Borzykowski/for Metro Canada

Mark Knopfler

Album: Get Lucky
Label: Mercury/Universal
Rating: ●●●●

THIS SOLO effort from Dire Straits founder Mark



Knopfler will be impossible for fans to dislike. It contains an unsurprising mix of traditional Celtic acoustic numbers and mid-tempo blues rockers, all infused with Knopfler's impeccable taste and talent. His guitar shimmers on electric numbers like You Can't Beat the House and Cleaning My Gun, while his storytelling shines on tracks like The Car Was the One (how can you not like a song about a Shelby Cobra?) and the shipwreck tale So Far from the Clyde. We've heard it all before, but there's a maturity to Knopfler's music that will save this disc from being buried behind your old Dire Straits albums.

Graham Rockingham/for Metro Canada

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GET HOOKED.



THE MOVIE NETWORK.CA

Perez, music mogul?

With a record label and artists' tour underway, the celeb blogger is promoting music he likes

BRYAN BORZYKOWSKI
for Metro Canada

Until recently Perez Hilton's musical adventures chiefly involved getting in fights with the Black Eyed Peas or championing Lady Gaga, but the famous blogger wants you to know he can do more than just write about his new favourite band.

"I'm crazy about music," he says. "It's my passion."

You wouldn't be the only wondering how music became more of a passion than trashing stars on his website. However, because Hilton enjoys the bands he likes as much as the Hollywood stars he hates, he's decided to start a label and promote a tour.

The Perez Hilton Presents Tour 2009 features Ida Maria, Ladyhawke and Semi Precious Weapons. "People are going to walk away feeling that they've just been part of something cool," he says. "It's going to be experimental,



Ida Maria is part of the Perez Hilton Presents Tour 2009.

but I don't want to say what will happen just yet."

While Maria will likely be a big draw — her debut disc *Fortress Round My Heart* broke the top 40 on the U.K. charts — it's Hilton's name that will bring in the most fans.

But, the gossip writer doesn't always elicit positive emotions — you either like him or hate him. He says whatever you think shouldn't matter. Go see the show because of the artists.

"Don't say I don't want

to go because I don't want to support Perez," he says. "You're not supporting me, you're supporting the musicians. I'm not making money on this tour. I'm pouring it all into the acts, the production and things that we'll make this different."

Hilton's divisive reputation isn't a problem for Maria. "I don't have any problems being associated with his fame," she says. "My music speaks for itself."

While his name didn't make her think twice about joining his tour, his lack of musical industry experience did.

Before she agreed to hit the road with him she had to find out if this was a joke or not. It didn't take long before she knew he was being serious. "I realized he had some of the best people in the country on board," she reveals. "When I saw that it was a solid plan it made it more attractive to me to do it."



metro hmv

For complete contest details go to <http://www.sonymusic.ca/pitbull/hmv/rules>

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/17/09	31	31	31	ABC	News Center 5	ABC Wild News	Inside Edition	Better Living	Grey's Anatomy	Here's to Future Days: Now or Never		Practice
	7	7	7	ASN	The Road to Avonlea		Degrassi: TNG	TMZ (N)	So You Think You Can Dance			Practice
	11	11	11	CBC	Wheel-Fortune	Jeopardy! (N)	Super Spellers (N)		Rise Up - Canadian Pop Music			The Hour
	2	2	2	CBC-F	Pyramid (SC)	La force	Virginie (SC)	Infomaniac (SC)	Enquête (N) (SC)			Le Téléjournal
	32	32	32	CBS	WBZ News (N)	Evening News	The Insider (N)	Entertainment	Survivor: Samoa (N)			The Mentalist
	69	69	69	CFTM	TVA nouvelles	Le Cercle (SC)	La Fière de la danse (SC)		Dieu Merci (SC)			TVA nouvelles
	6	6	6	CHIF	Entertainment	ET Canada	90210 (HDTV) (N)		Survivor: Samoa (N)			News Final (N)
	9	9	9	CJCH	etalk	Hollywood	The Mentalist (HDTV)		The Vampire Diaries (N)			CTV News
	10	10	10	ELTV	Atlantic Film Festival Notice Board							Atlantic Film Festival Opening Gala (Live)
	36	36	36	FOX	Seinfeld	The Simpsons	Two/Half Men	Two/Half Men	Bones (N)			Fringe (N)
news	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	SNL Update	Parks-Recreate		The Office (N)
	29	29	29	NW	World News	Business	CBC News	Marketplace	CBC News: Tonight (N)			CBC News: The National
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Greater Boston	Basic Black		Note by Note: Steinway			Great Performances (HDTV) (N)
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	WorldFocus		This Old Hse.	This Old Hse.		Ask This Old Michigan
	68	68	68	TQS	Guerre clans	Le Mur (SC)	Taxi payant	Rire et délire	Fringe (SC)			Bob Graton
	23	96	96	BNN	Business News	Headline	Market Call Tonight		GetConnected	Market Call		Squeeze Play
	18	18	18	CNN	Situation Room-Wolf Blitzer		Lou Dobbs Tonight		Campbell Brown (N)			Larry King Live
	54	54	54	GOLF	Golf Central	PGA Tour Golf	Nationwide Tour -- Albertson's Boise Open		LPGA Tour Golf	Samsung World Championship -- First Round		
	52	52	52	RSE	Connected W-Rime Time		MLB Baseball Los Angeles Angels of Anaheim at Boston Red Sox (HDTV) (Live)			Sportsnet Con.		
	55	55	55	SCOR	(6) Morency	Covers Experts	Score on NFL	College Football	Georgia Tech at Miami (Live)			
sports	45	45	45	SPD	Unique Whips		Pimp My Ride	Pass Time	Pinks -- All Out (HDTV) (N)			Jacked!
	53	53	53	TSN	Off the Record	SportsCentre	WEC WreckCage (N)		2009 World Series of Poker			Jacked!
	43	43	43	FAM	Zoe 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz		Wrecked
	44	44	44	TOON	Jimmy 10	Johnny Test	Stoked	Total Drama	Majority Rules	6TEEN (N)		SportsCentre
	26	26	26	TREE	Wonder Pets	3rd and Bird	Backyardigans	Night Grdn	Waybuloo	Franklin		Ned's School
	27	27	27	YTV	iCarly	iCarly	Drake & Josh	Family Biz (N)	Malcolm-Mid.	Hates Chris		Futurama
	16	16	16	A&E	CSI: Miami (HDTV)		Criminal Minds (HDTV)		The First 48 (HDTV)			Maggie-Beast
	70	70	70	APTN	APTN National News (N)		Wapros Bay	By the Rapids	Rez Rides	Moose TV		8 Simple Rules
	50	50	50	BET	106 & Park: BET's Top 10 Live (Live)				New Jack City *** (1991, Crime Drama), Ice-T			What I Like
	37	37	37	BRVO	Wind at My Back		Storytellers	Camera	Joanna	Water *** (2005, Drama) Seema Biswas, Lisa Ray		The First 48 (HDTV)
family	25	25	25	CMT	Country Music Awards		Karaoke Star "Kitchener" (N)		Reba	Reba		Home Improve.
	49	49	49	COM	Just for Laughs		Art Force	12 Minutes	Corner Gas	Name Is Earl		Comedy Now
	153	153	153	CRCT	Truth, Duty, Valour		World's Wildest Police Videos		Cops Uncut	Dumb Criminal		Police Videos
	38	38	38	DISC	How It's Made	How It's Made	Daily Planet (N)		Are We Alone?			MythBusters
	34	48	48	HGTV	Holmes on Homes		House Hunters	Property Virgin	Handyman Superstar			House Hunters
	46	46	46	HIST	Underworld Histories		Ice Road Truckers		Ancient Discoveries			After People
	17	17	17	MM	America's Best Dance Crew		2009 MTV Video Music Awards	Hustler Brand.				2009 MTV Video Music Awards
	19	19	19	MM	mtm10.ca		The Daily Fix		Ranked!			Wild 'n Out
	201	201	201	M1	(5:45) P.S. I Love You		(7:55) Nurse.Fighter.Boy (2008, Drama)		Nurse Jackie			Johnny Cash
	48	23	23	OLN	Mantracker		Ghost Hunters		Bounty Hunter	Bounty Hunter		Happy-Go-Lucky *** (2008, Comedy)
cable variety	51	51	51	PEACH	Seinfeld	Friends	Family Guy	Family Guy	Friends	Friends		Survivorman
	206	206	206	PIX	(6:45) Blood Simple *** (1984)			Night Passage ** (1957, Western)				Friends
	67	67	67	RDI	RDI monde	RDI économie	24 Heures en 60 minutes		Grands reportages (SC)			Friends
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits		Da Vinci's City Hall			Friends
	40	40	40	SLICE	Skin Deep	Skin Deep	Rich Poor	Rich Poor	X-Weighted "Krisi"			Friends
	47	47	47	SPACE	Stargate SG-1 (DVS)		Stargate Atlantis		Star Trek: Voyager			Friends
	14	14	14	SPIKE	CSI: Crime Scene Investg.		UFC Unleashed		UFC Unleashed			Friends
	57	98	98	STAR	etalk	TMZ (N)	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)			Friends
	21	21	21	TLC	What Not to Wear		LA Ink (HDTV)		Police Women of Broward			Friends
	56	34	34	TROP	Bob & Doug	Bob & Doug	Seinfeld	Seinfeld	The Outer Limits			Friends
cable variety	20	20	20	TVS	Que-champion	Journal de F2	Hep! Taxi		Club social			Friends
	28	28	28	V	9B "Jealousy"		Murder, She Wrote		Wait for God	'Allo, 'Allo!		Friends
	60	97	97	VIVA	Da Vinci's Inquest		Judging Amy		Missing "Puzzle Box"			Friends
	22	22	22	W	House-Sell	Style by Jury	Old Christine	Friends	Friends	Grocery Bag		Friends
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	The Vampire Diaries (N)			Friends
												Supernatural (HDTV) (N)
												Supernatural (HDTV) (N)
												Supernatural (HDTV) (N)
												Supernatural (HDTV) (N)
												Supernatural (HDTV) (N)

critics' corner

Fringe

This frequently befuddling yet maddeningly addictive brain-tickler, which got off to a rocky start but built to a mind-boggling season one finale involving — um, we think — a parallel universe, returns for a sophomore season in which we'll learn more about the terrorist cell Z.F.T., and Olivia (Anna Torv) pursues more information about her own forgotten past. Also: more weird science! 10 PM on ASN, FOX



Survivor: Samoa

As is customary, at this writing CBS was keeping details on the 19th edition of its hit reality series tightly under wraps, apart from the fact that it features 18 strangers trying to outwit, outlast and outplay one another on a South Pacific island the network describes as being "straight from Robert Louis Stevenson's tale 'Treasure Island.'" 9 PM on CBS, CHIF

Saturday Night Live Weekend Update Thursday

After a pretty successful series of specials during the 2008 election season, this spinoff of the fake news segment on "Saturday Night Live" returns to a permanent (ish, depending on the ratings) Thursday time period, with anchorman Seth Meyers and, for the first two episodes, returning co-anchor Amy Poehler. 9 PM on NBC: 10:30 PM on CHIF



For September 16th

- 9 Belly Ft Snoop Dogg - Hot Girl
- 8 Boys Like Girls - Love Drunk
- 7 Jay Sean Ft Lil Wayne - Down
- 6 Cobra Starship - Good Girls Go Bad
- 5 Lola - High Heels
- 4 Jay-Z Ft Kanye West & Rihanna - Run This Town
- 3 David Guetta Ft Akon - Sexy Chick
- 2 Jason Derulo - Whatcha Say
- 1 Justin Bieber - One Time

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Twitter and Facebook are helping Rocco DiSpirito write his new cookbook: The media savvy chef is turning to the social networks to help decide which dishes he should include in his new book. **THE ASSOCIATED PRESS**

Urban Foodie

★★★★ INSPIRED; ★★★★★ VERY GOOD; ★★★ PALATABLE; ★★ HO-HUM; ★ NEVER AGAIN

Fujiyama promising

STEPHEN PATRICK CLARE
HalifaxUrbanFoodie@gmail.com

Fujiyama Japanese Restaurant
5244 Blowers St, Halifax
902.492.1133

Rating: ★★★★★

Halifax is the Maritime Mecca for Japanese cuisine. In fact, there are now so many strong sushi and hibachi houses in and around the city one has to wonder if there is any more room on the East Coast for Far-Eastern fare?

Fujiyama is the name of a huge rollercoaster in Yamanashi, Japan. It was therefore fitting, perhaps, that my dining experience would have its ups and downs.

Appetizers of both Miso Soup and Sweet Potato Tempura were true to form, light and flavourful. The garden salad was fresh, crisp and smothered in a fine, zesty house dressing.

On the web

- Get recipes and more great food content at metronews.ca/food

Entrees of Chicken Teriyaki and Steak Udon were passable — tender and lean — but both left a little to be desired, as did the Avocado Roll. The Crispy Spicy Salmon Roll was spectacular, however, gently battered and accompanied with mayo and honey wasabi.

A dessert of Banana Tempura with Ice Cream was also a standout, and a pot of Green Tea settled everything well. Service (by Tanya) was impeccable, and the Oriental décor is tasteful and authentic.

Given that the locale was still experiencing some opening-week jitters, the inconsistency was understandable. In time, the restaurant will surely find its footing.



Fujiyama is the latest addition to Halifax's booming Japanese cuisine scene.

Bread master's knead-free recipes

BOOKS The method might seem new, but bread baker Judith Fertig says crafting artisan breads at home is easy using a time-honoured technique which requires no kneading. "This no-knead method has been revived," says the Kansas, Mo.-based cooking teacher and author of 200 Fast & Easy Artisan Breads: No Knead, One Bowl (Robert Rose, \$27.95).

Fertig says the dough uses more moisture and it looks like a batter that you don't have to knead.

"It is like a hybrid of the type of recipes you would do in a bread machine, without the machine," she explains. "And while machines are still really popular, I think we are all thinking about simplifying our lives a bit and saying 'do we really need all these appliances?'"

Starting from simple bread recipes, the book moves to more sensational examples, such as pizza dough, pretzels, focaccia, cinnamon rolls, bagels, buttery croissants and challah.

THE CANADIAN PRESS

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In brief

POUTINE The only authentic poutine in town is at Steamys on Quinpool Road. Owner Darren Seasons is le vrai Montrealais and this is the real deal.

PROGRAM The Halifax Club's wonderful luncheon and dinner theatre program is open to both members and non-members.

Dining out

LATINO CONNECTION Cafe Aroma Latino on North Street is now officially the best kept dining secret in Halifax; authentic Guatemalan dishes, including delicious deep-fried tacos. A wide selection of South American juices,

spices and other food-stuff are available to take home also. Make sure to sample the fair-trade coffee, which is roasted right on site.

CHEF'S DAY Michael Howell might be the finest, and most

visible, chef on the East Coast. His latest recipe collection, *Atlantic Seafood*, will be launched this Sunday at Box of Delights in Wolfville at 4 p.m. A reception will follow at Howell's marvellous restaurant, Tempest.

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Visit metronews.ca/globalpeasant for a recipe for Panzanella (Tomato and Bread Salad), using heirloom tomatoes from her own garden.



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Swayze gets Dancing send-off

Dancing with the Stars will honour Patrick Swayze on Wednesday's live results show. The late actor appeared on the show in its early years, people.com reports. **METRO NEWS SERVICES**



Celebrity Buzz

Lost: Dog last seen in coyote's jaws

DOGGONE SHAME Jessica Simpson is holding out hope that her beloved dog, Daisy, is still OK despite being carried off by a wild animal. "My heart is broken because a coyote took my precious Daisy right in front of our eyes," Simpson tweeted. "We are searching. Hoping. Please help." Simpson uploaded a missing poster for the pooch, which she received as a gift from then-husband Nick Lachey in 2004.

METRO WORLD NEWS



Good news and bad news, Jude

TRADING ONE PROBLEM FOR ANOTHER Jude Law has been cleared of allegations he assaulted a female photographer after officials in the U.K. ruled no action will be taken against him, femalefirst.co.uk reports.

The star allegedly hit the photographer as he tried to get to his car after leaving a London nightclub in July. He was accused of striking Harsha Gopal on the head and slapping her face as she tried to take his picture, but he denied the accusations. His lawyer said the claims were "nonsense."

Law was adamant camera flashes had blinded him, and as he held his arm out he accidentally struck someone before apologizing and leaving the scene. In a

statement, a spokesman for the crown prosecution service said, "A careful analysis of the specific evidence in this case, which included photographs and eyewitness statements, indicates that Mr. Law had no intention to assault anyone."

It has also been learned Law's baby with model Samantha Burke is due Oct. 6, the same day he debuts on Broadway in Hamlet.



GETTY IMAGES

Burke is reportedly looking to upstage the actor, as she's reportedly been shopping around an exclusive interview about their relationship and pictures of newborn, to be named Sophia.

"Samantha is getting offers ranging up to \$200,000 (US)," a source told Page Six. "While Jude has promised to provide for Sophia, Samantha doesn't feel like his behaviour towards her was entirely chivalrous."

METRO NEWS SERVICES

Kristin debunks rumours

SETTING THINGS STRAIGHT Like singer John Mayer, reality TV star Kristin Cavallari says she was amused by rumours the two had hooked up. "I literally met John one time for five minutes," she told us-magazine.com yesterday. "I am single, I'll tell you that. I'm 22. Why have a boyfriend? I'm having fun."

There is one rumour that's true: She and Hills co-star Audrina Patridge don't get along. "We literally just don't see each other," she told Us.

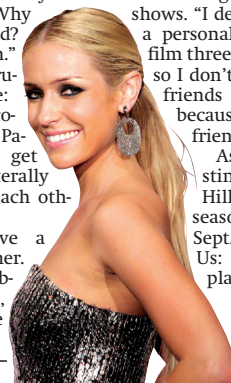
"I don't have a problem with her. If she has a problem with me, that's a whole other story." Cavallari

who made her reality show debut at age 16 on MTV's Laguna Beach — said it's fun to be back in front of the cameras.

"It's been such a great experience for me and brought me so many opportunities," she told Us about being on reality shows. "I definitely have a personal life. I only film three days a week, so I don't put my real friends on camera because it will ruin friendships."

As for her new stint on The Hills (the fifth season starts Sept. 29), she told Us: "It's fun to play the bitch."

METRO WORLD NEWS



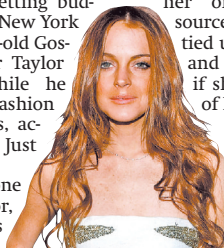
LiLo corrupts the young?

THINK OF THE KIDS! Lindsay Lohan seems to be pulling double duty when it comes to corrupting the young. The actress was spotted this week getting buddy-buddy in New York with 16-year-old Gossip Girl star Taylor Momsen while he hit various Fashion Week events, according to Just Jared.

Only one week prior, Lohan was

letting 15-year-old sister Ali Lohan tag along to bars and clubs around L.A., Life & Style magazine alleges. "Lindsay didn't coddle her or anything," a source said. "They partied until after 1 a.m., and she treated Ali as if she were just one of her friends at the club with her. And Ali was excited to be there."

METRO WORLD NEWS



Church opposes Elton's plan

ANOTHER ROADBLOCK At least one organization is happy that Ukrainian law prohibits singer Elton John and his partner, David Furnish, from adopting a 14-month-old boy they met at an orphanage recently.

"Thank God it's impossible under Ukrainian law for Elton John to adopt a

child," Ukraine Orthodox Church spokesman Father Georgy Gulyaev said, according to the Daily Mail. "The church will never agree that people who have created same-sex marriage could also dare to adopt children. This applies to all, including Elton John. He is a sinner."

METRO WORLD NEWS



Megan the murderer?

WATCH OUT FOR THIS ONE Megan Fox is the first to admit she's dangerous — and that boyfriend Brian Austin Green might want to worry about his safety.

"My temper is ridiculously bad," Fox confessed to Rolling Stone magazine. "I've had to say to Brian, 'You have to go and stop talking

to me, because I'm going to kill you. I'm going to stab you with something, please leave."

And it's because of that temper that Fox isn't armed, she says. "I'd never own a gun for that reason ... I wouldn't shoot to kill. But I would shoot him in the leg, for sure."

METRO WORLD NEWS



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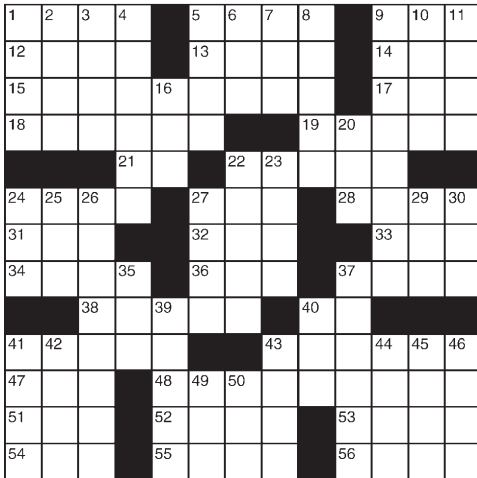
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18 "The Usual
Suspects" actor
19 Identifies
21 Fire
22 Memorable
mission
24 Feedbag fill
27 Carte lead-in
28 Former larva
31 "A pox upon
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32 Beleaguered
spacecraft
33 Turf
34 Envelope fea-
ture
36 "Bleah!"
37 "F" heaven's
sake!"
38 Sign of life

40 "— what?"
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47 The girl
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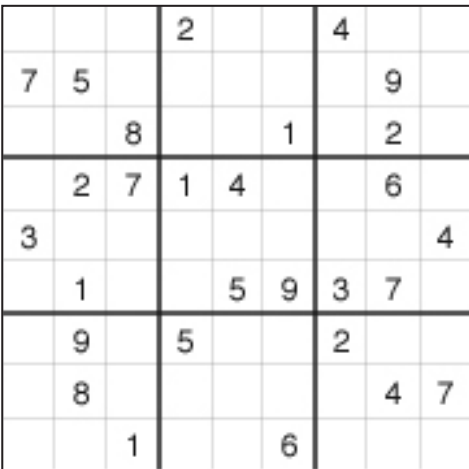
DOWN

1 Addition prob-
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3 City of India
4 Groups' havens
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7 Tavern
8 Action venue
9 26-Down
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20 Pump up the
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22 26-Down
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24 Askew
25 Have a bug
26 Wonderland
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29 "The Raven"
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30 Woodworking
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35 Young dog
37 Nudge
39 Dealership
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40 Vast expanse
41 Counterfeit
42 Wife of Zeus
43 Molt
44 Teensy bit
45 Waiter's
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46 Work
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49 Honest politi-
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50 Anonymous
John

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



1	6	7	4	5	3	9	8	2
3	2	8	9	6	7	4	1	5
4	5	9	2	1	8	7	3	6
8	9	2	5	3	6	1	4	7
7	4	5	8	2	1	6	9	3
6	1	3	7	9	4	5	2	8
9	7	4	3	8	5	2	6	1
2	8	1	6	7	9	3	5	4
5	3	6	1	4	2	8	7	9

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day



Chili Chicken, Corn & Pasta

Submitted by Jackie Hayward, Fort St. John, B.C.

INGREDIENTS:

6 oz. pkg of Angel hair pasta
3 fresh ears of sweet corn
1/4 cup of cooking oil
4 small skinless boneless chicken breasts,
1-1/2 tsp. chili powder
1/4 tsp. salt
1/4 tsp. pepper
2 medium tomatoes, sliced
3 Tbsp. lemon juice
Snipped fresh parsley if desired

METHOD:

1. Cook pasta and corn ears in salted boiling water about 8 minutes or until tender. Drain and rinse with cold water.
2. Mix 1-teaspoon chili powder, salt and pepper in a bowl and then sprinkle the mix over each chicken breast.
3. In a large skillet cook

chicken in 1-tablespoon hot oil over medium heat for 8 to 10 minutes or until chicken is no longer pink, turning once.

4. While chicken is cooking, cut the sweet corn kernels from the cobs.
5. Combine the remaining oil and chili powder along with the lemon juice in a jar.

6. Mix the chicken, corn, tomatoes and pasta and serve onto 4 plates.
7. Drizzle with the prepared dressing and sprinkle lightly with salt and pepper.

8. Serve with a sprig of parsley.

SERVES 4

PREP TIME: 10 MINUTES

COOK TIME: 10 MINUTES



20MinuteSuperClub.com helps you get dinner ready in a snap. Visit 20minutepastapasta.com/metro and be entered to win a \$50 President's Choice gift certificate! Weekly winners until the end of October.

Horoscopes by Sally Brompton sallybrompton.comFor Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20

Walk away from people who are always talking you down. It does not matter that you feel you owe them in some way, it matters only that you liberate yourself.

LIBRA

SEPT 23-OCT 23

You will send out very strong signals today and those signals will attract people who, to put it mildly, are out of the ordinary.

TAURUS

APRIL 21-MAY 21

Don't try to hide your feelings because you won't succeed. Instead, speak up and let others know exactly what you think and why.

SCORPIO

OCT 24-NOV 22

This is a good time for you and it will get even better over the next few weeks, so save some energy for what is to come.

GEMINI

MAY 22-JUNE 21

Work and health issues need to be dealt with today. Think seriously about how you are using your time and your energy.

SAGITTARIUS

NOV 23-DEC 21

Make an effort to understand the thought processes of people whose ideas and opinions you don't agree with.

CANCER

JUNE 22-JULY 22

There will be some major changes in your everyday environment over the next few weeks and no matter how much you prepare yourself.

CAPRICORN

DEC 22-JAN 20

Do you follow a path that has been laid out for you by others? Or do you follow a path that you personally believe in? That is what you need to decide.

LEO

JULY 23-AUG 23

Whatever changes you are thinking of making you are advised to wait until the Sun changes signs on the 22nd.

AQUARIUS

JAN 21-FEB 18

The Sun's change of signs on the 22nd will encourage you to speak up about things you believe in and stir up the kind debate that is needed.

VIRGO

AUG 24-SEPT 22

You may be tempted to invest in something you don't know much about but when you start thinking like that you are likely to make a costly mistake.

PISCES

FEB 19-MARCH 20

There are some major changes on your cosmic horizon, and each and every one of them will work in ways that make your life rich and rewarding.

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This day in history

SEPT. 17, 1630: The city of Boston, Massachusetts is founded.

SEPT. 17, 1787: The United States Constitution is signed in Philadelphia, Pennsylvania.

SEPT. 17, 1862: American Civil War: George B. McClellan halts the northward drive of Robert E. Lee's Confederate army in the single-day Battle of Antietam, the bloodiest day in American history.
SEPT. 17, 1916: World War I: Manfred von Richthofen ("The Red Baron"), a flying ace of the German Luftstreitkräfte, wins his first aerial combat near Cambrai, France.

SEPT. 17, 1949: The Canadian steamship SS Noronic burns in Toronto Harbor with the loss of over 118 lives.

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